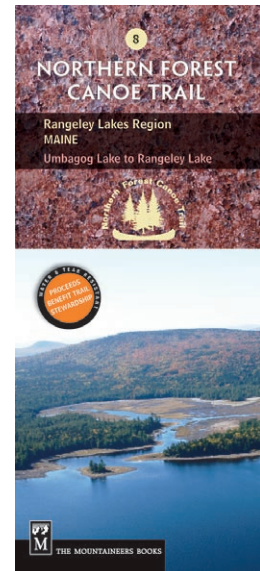


## Route Overview

This section is characterized by a connected series of large lakes (Rangeley, Mooselookmeguntic, the Richardsons, and Umbagog) and lots of undeveloped, conserved land and sensitive wildlife habitat. The section includes the 4,100 acre Lake Umbagog National Wildlife Refuge on the NH/Maine border, a renowned birdwatching area with bald eagles, loons, peregrine falcons, and ospreys. The Rangeley area has a history of logging and sport guiding, and has been popular for fishing since the mid-1800s.



## Northern Forest Canoe Trail: Section 8 Umbagog Lake to Rangeley Lake

### Section Overview:

- ▶ 41 miles of paddling
- ▶ The chain of lakes in this section is traditionally traveled from east to west, providing a downstream run on the connecting rivers. The lakes are significant, and prevailing west / northwest winds can create dangerous conditions so crossing in the morning and paddling on the west shore is recommended.
- ▶ Primary bodies of water include:
  - Umbagog Lake
  - Rapid River
  - Lower and Upper Richardson Lakes
  - Mooselookmeguntic Lake
  - Rangeley Lake
- ▶ Route passes through Errol, Haines Landing, Oquossoc, and Rangeley.

### Suggested Trips and Durations:

- ▶ 1/2 day: Rangeley to Oquossoc (Rangeley Lake)
- ▶ 1 day: Haines Landing to MBPL Landing (Mooselookmeguntic)
- ▶ 2 days: Haines Landing to South Arm (Mooselookmeguntic and Richardson Lakes)
- ▶ 3 days: Rangeley to Androscoggin Access (entire section)
- ▶ Timeless: Calm paddling on Umbagog