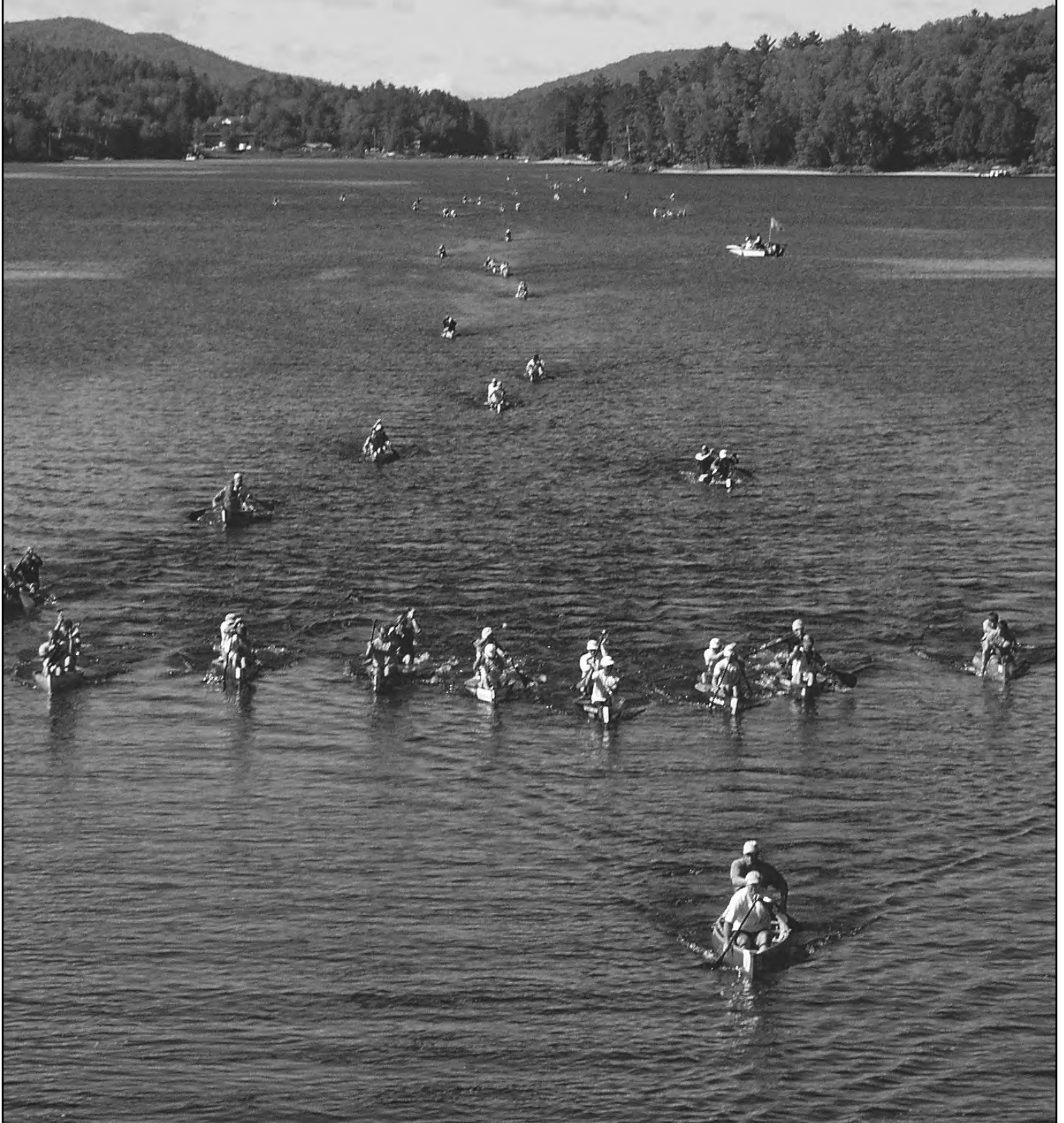




Adirondack Canoe Classic

Paddlers' Guide





Good luck
to all the
racers

Thank you
to all the
volunteers

NRS IS ON A MISSION TO BREAK DOWN BARRIERS TO THE OUTDOORS

With the Just Add Water Project, we are putting our values into action by supporting activists and organizations in building an inclusive paddlesports community of the future, creating new advocates for conservation, and protecting the health of, and access to, our shared lands and waters. It's about building pathways for new entrants to paddlesports, developing leaders from diverse backgrounds, and sustaining the work of organizations serving underrepresented communities and advancing conservation causes.

This is a long term, sustained effort aimed at building strong, durable relationships with those out there doing the hard work to make lasting change. We're proud to work with a growing group of people and organizations, to continue to hold ourselves accountable and keep integrating these stories into the fabric of our company and community. Learn more: **nrs.com/just-add-water**

Welcome to the 2022 Adirondack Canoe Classic

Welcome to the 39th annual Adirondack Canoe Classic AKA the 90-Miler. During the race, you will paddle the original “highways” of the Adirondacks from Old Forge to Saranac Lake, see splendid scenery, experience friendly competition and establish a bond with the entire 90-Miler community. The Northern Forest Canoe Trail (NFCT) is pleased to once again work with the New York State Department of Environmental Conservation, community leaders, business owners and an amazing army of volunteers to provide paddlers with a memorable experience. We wish each and every one of you the best of luck ... have a blast!

On behalf of all who have paddled this race over the years, we want to extend our gratitude to Brian and Grace McDonnell for the heart and soul they have invested in this community and this event. Their ongoing support is invaluable. NFCT is proud to carry on the tradition. Thank you!

You will be on the water with 250 other boats; you will either pass or be passed by other paddlers. Please be mindful and respectful of others. All participants are in it to finish, and most will find their own level of competition. In the interest of good sportsmanship, when passing other boats the approaching team is to communicate its intent to pass, and only pass when it is safe to do so. Paddlers being passed are asked to yield the right of way without compromising safety or negatively impeding forward progress. In other words: faster boats should not expect a team being passed to stop to let you by because the trail is too narrow for both of you. In all, there are 30 competitive classes — be courteous, communicate and play fair. Unsportsmanlike conduct is grounds for disqualification.

Please follow directions provided by race officials. We're all in this together. Should the need arise, please come to the aid of fellow paddlers. When heeding “nature’s call,” please be discreet and out of view of others. Use the portable toilets when available. Do not litter. Please keep our waterways clean. Bring garbage to portages where we can deal with it responsibly.

Day 1

Sponsored by the Central Adirondack Association & the Town of Webb

Start Time for Wave 1: 8 am

Cutoff Time, 8th Lake Carry: 1 pm (16 miles)

Cutoff Time, Raquette Lake Bridge: 3 pm (22 miles)

Cutoff Time, Marion River: 4:30 pm (29 miles)

Day 2

Sponsored by Long Lake Recreation

Start Time for Wave 1: 8:30 am

Cutoff Time, End of Long Lake: 1 pm (13 miles)

Cutoff Time, Axton's Landing: 3:30 pm (24 miles)

Day 3

Sponsored by ROOST & Explore Adirondack Frontier

Start Time for Wave 1: 8 am

Cutoff Time, Route 3 Bridge: 1 pm (14.5 Miles)

Saturday, Sept. 24: Close Out the Season in Long Lake!



The NFCT will close out the 2022 Adirondack race series by partnering with Long Lake Recreation and Tourism to host the Long Lake Long Boat Regatta, which features several events: the North American Voyageur Canoe Championships, the Adirondack Kayak Championship, and the Northeastern College Cup race for co-ed (two male & two female) C-4 Stock teams.

The course is a 10-mile figure eight, beginning and ending at the Long Lake Public Beach. We welcome all NYPRA classes and an “anything goes” category. Registration time is from 9:30-10:30 am on the front porch of the Adirondack Hotel.

Start Time on the beach at 11 am. Lots of fun in Long Lake!

Learn more:

northernforestcanoetrail.org/get-involved/long-lake-long-boat-regatta

Wave 1

Gold Canoe (paddlers who have finished 20 or more 90 Milers and choose Open Touring),
sponsored by Mac's Canoe Livery

Super Veterans (over 75 years of age who choose Open Touring), sponsored by
Adirondack Explorer

SUPs, sponsored by Fountain Square Outfitters

Solo boats in Open Touring, sponsored by Hornbeck Boats

Wave 2 ... thumbs up for Pete Clark!

One Person Guideboats, sponsored by Adirondack Watershed Institute

Two Person Guideboats, sponsored Adirondack Experience

Wave 3

C-1 Stock, sponsored by Southern Tier

C-1 Open Racing, sponsored by Adirondack Health

Solo Recreation, sponsored by Placid Boatworks

Touring Kayak, sponsored by Adirondack Lakes & Trails Outfitters

Wave 4

C-2 Stock Women, sponsored by Zone 3 Nursery

C-2 Stock Open Touring, sponsored by Save the Boundary Waters

C-2 Family, sponsored by The Wild Center

C-2 Recreation, sponsored by Raquette River Brewing

C-2 Recreation Open Touring, sponsored by Lake Placid Pub & Brewery

Wave 5

C-2 Stock Men, sponsored by Athletic Brewing

C-2 Stock Mixed, sponsored by Dak Bar

C-2 Open Racing, sponsored by NY Paddlesports Racing Association

Wave 6

C-4 Stock, sponsored by Wenonah

C-4 Open Touring, sponsored by Vert Outdoors

Wave 7

C-4 Open Racing, sponsored by Adirondack Bank

Voyageur Canoes, sponsored by Hotel Saranac

Unlimited Kayaks, Tandem Kayaks, 3-Person Kayaks, sponsored by Craft New York

Our thanks to
the DEC for its
long-standing
support of the
Adirondack
Canoe Classic.



**Department of
Environmental
Conservation**

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www.InletNY.com

Long Lake

1-518-624-3077

www.LongLake-NY.com

Old Forge

1-877-Old-Forge

www.OldForgeNY.com

Adirondack Canoe Classic: Tips, Rules & More

Cut-off times are established for each day of racing to ensure that all racers are off the water before dark. Paddlers failing to make the cut-offs will be required to pull out of the race for that day. Racers will receive a “did not finish” (DNF) on the timesheet for that day, but will be able to paddle the following days in Wave 1.

Tips for basic first aid. During the 90-Miler, common first-aid problems for participants include blisters, cuts, insect bites, dehydration, sunburn and hypothermia. We recommend that all racers wear light, drainable protective footwear; carry one-inch regular cloth tape to wrap palms, fingers and toes; and use Moleskin or band-aids, kept in a waterproof bag, to prevent blisters. Sun protection and synthetic long sleeve shirts and hats are helpful. Weather depending, layers for wind, rain and cold may also be needed.

If you must leave the race for any reason, please notify an official with a radio immediately and tell them your boat number. We will keep looking for you until we know your whereabouts. Please save us the time and worry by informing us if you must leave the race.

All racers must wear a Coast Guard-approved life vest at all times. This is a requirement of NFCT's event insurance. Failure to do so will result in disqualification. Inflatable PFDs are acceptable.

Upgrading equipment during the race is not permitted. Only broken or malfunctioning gear may be replaced. Racers should bring just the gear and clothes they need for the day. Wheels have become more popular in recent years and can be especially helpful on Day 1. Paddlers in competitive classes who opt to use wheels must carry the wheels and all associated equipment with them during the entire race.

Pit Crews are invaluable. They may provide food, fluids and psychological support at any point. They may



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For more information visit: [ADKbank.com](https://www.adkbank.com)





Where adventurers find home.

The Adirondack Frontier's many peaks and lakes make it an outdoor lover's paradise. In the Adirondack Frontier, you can breathe easy while embarking on new adventures and taking in the natural beauty of the region. When you visit, you get a taste of our incomparable lifestyle. So go ahead, picture your lunch break at the lake, your early morning workout on the mountains, or your weekends in the wilderness.

An aerial photograph of a town nestled in a valley, surrounded by dense forest and mountains. The town features a mix of residential and commercial buildings, a river or lake winding through it, and a bridge crossing a waterway. The surrounding landscape is rugged and scenic.

www.adirondackfrontier.com



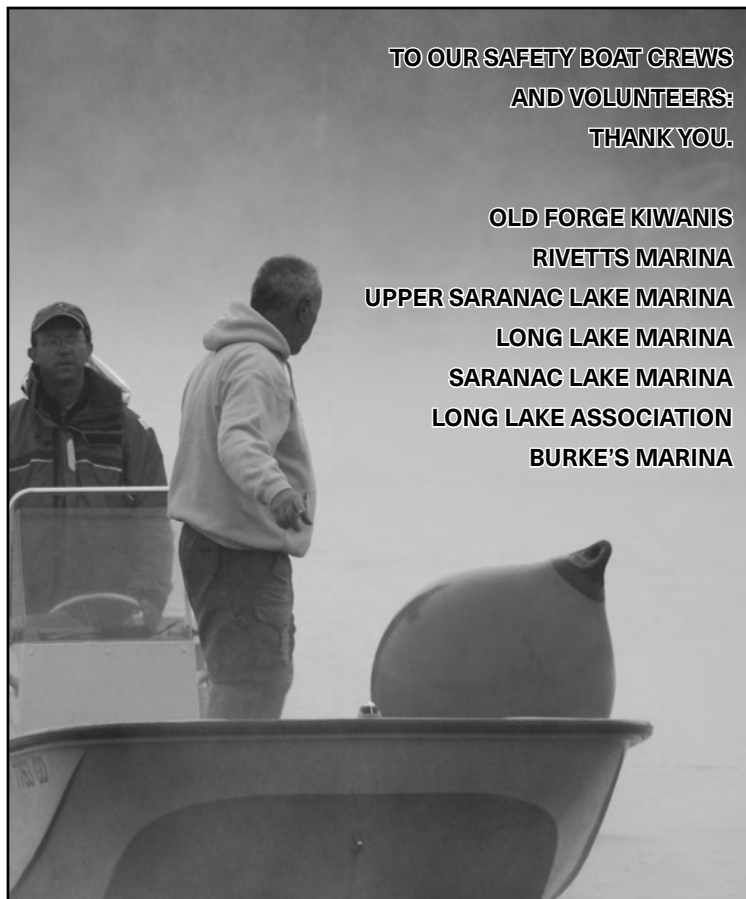
Raquette Lake Navigation

Offering a variety of scenic, brunch and dinner cruises through September and early October. See raquettelakenavigation.com for details.



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AND VOLUNTEERS:
THANK YOU.

OLD FORGE KIWANIS
RIVETTS MARINA
UPPER SARANAC LAKE MARINA
LONG LAKE MARINA
SARANAC LAKE MARINA
LONG LAKE ASSOCIATION
BURKE'S MARINA



90-Miler: Tips, Rules & More (Continued)

not carry the racer's boat or gear, or upgrade equipment during the course of a day's racing. Pit crews should come with their own supplies; do not raid the official water stations. Pit Crews will need to stay in contact with their teams. There will be no food at water stations due to ongoing COVID sanitary concerns. A list of boats that did not make cut-off times will be posted at the finish line each day so pit crews can attend to them.

If any health problems arise during the race, let an official or DEC personnel know. Please bring all self-administered medications. You are responsible for all medications including over the counter pain medications. We want to prevent problems, not treat them.

Mandatory walk zones. We require your cooperation to maintain a safe course and to allow the Adirondack Watershed Institute staff to inspect boats for invasive species. Each day, you will see areas designated with traffic cones, signage and volunteers imploring you to take it easy in those specific sections of the course. All participants will be asked to walk through these areas — not run. Failure to do so is grounds for disqualification. The specific locations are as follows:

Day 1: *On the Brown's Tract Carry for an AWI inspection; the entire length of the boardwalk at the end of the Brown's Tract Carry; and halfway across the Marion River Carry for an AWI inspection.*

Day 2: *The first 300-yard section of the Raquette Falls Carry.*

Day 3: *The carry trail from the Bartlett Carry Road to the Middle Saranac Lake put-in; the entire carry around both the Upper Locks and the Lower Locks. Please be respectful of other paddlers and volunteers.*

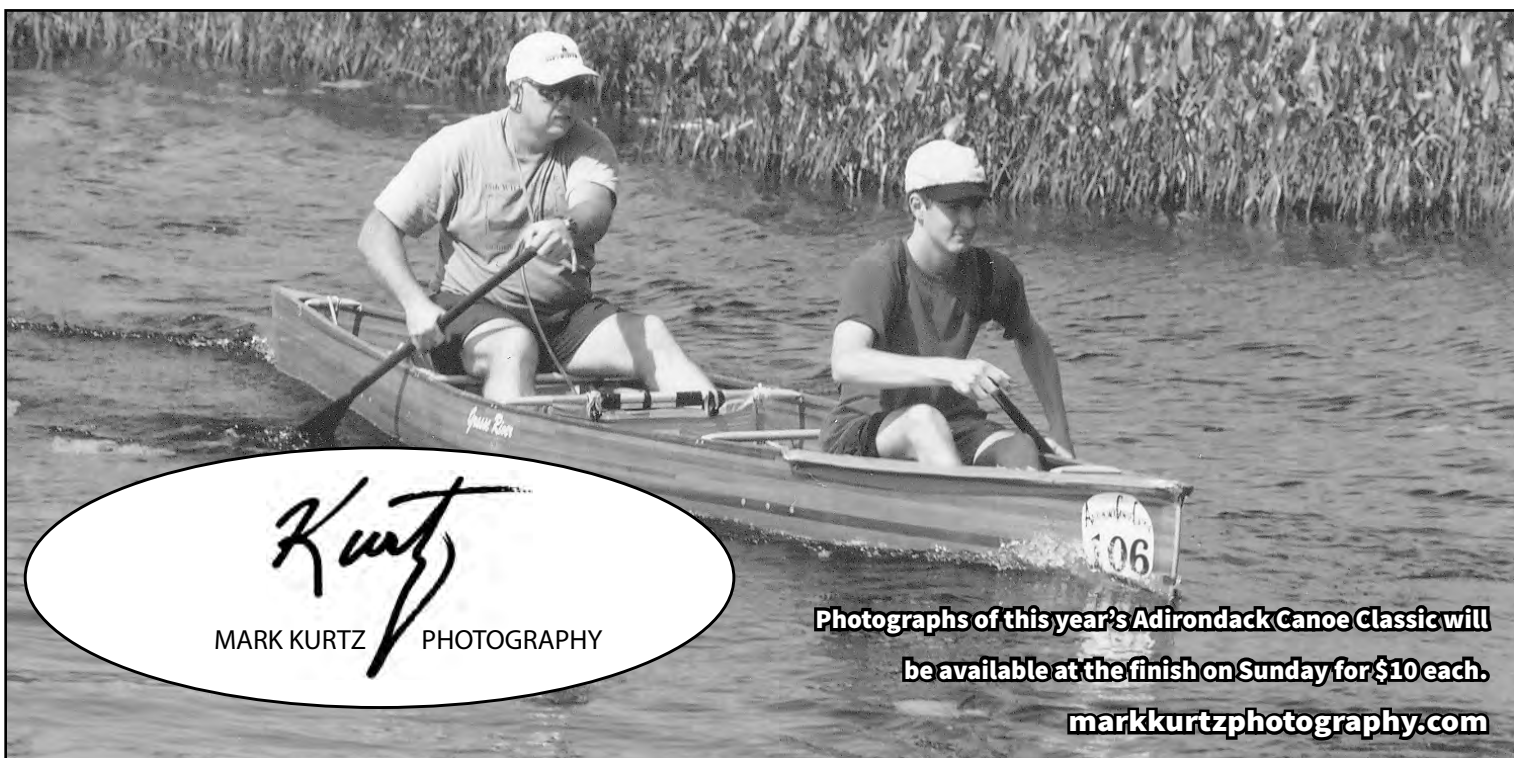


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Mark Kurtz

MARK KURTZ

PHOTOGRAPHY

Photographs of this year's Adirondack Canoe Classic will
be available at the finish on Sunday for \$10 each.

markkurtzphotography.com

90-Miler: Registration Day, Thursday, Sept. 8

CHECK-IN: 4-10 pm at the Old Forge Information Center. You will receive your t-shirt(s), boat numbers, meal tickets & more.

DINNER: There are many fantastic places to eat in Old Forge.

LODGING: There are many fine lodging establishments in Old Forge. The Old Forge Camping Resort has cabins, and there are several motels near the start line.

BOAT NUMBERS: Attach the numbers to both sides of the bow. To put numbers on, make sure the boat is dry. If we will be transporting your boat from the day's finish line to the next day's start line, please put the red dots provided by us on the bow of your boat.

CAMPING: You should arrange your own campsites in advance. For Thursday, try Old Forge Camping Resort at (315) 369.6011. Camping is available Friday at Lake Eaton & Saturday at Fish Creek. You should register for these DEC campgrounds via the online reservation system at reserveamerica.com. See NFCT website for more details.

THE 90 MILER THE ADVENTURE STARTS HERE!



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90-Miler: Day 1, Friday, Sept. 9

LATE CHECK-IN: Old Forge Information Center, 6-7 am.

PADDLERS' MEETING: 7:30 am at the Start Line at the Old Forge Beach. All racers must attend. Course descriptions, last minute announcements, safety procedures and special considerations for the day will be presented.

RACE START: First wave will start at 8 am, barring weather-related delays. All published start times are estimated. Please pay attention to the on-deck call and start order.

PIT STOPS: At the carry from Fifth to Sixth Lake, at the Brown's Tract Carry and the Marion River Carry.

SAFETY: If there is any question as to whether the race can continue safely, the Race Officials and DEC will make the call at the bridge going into Raquette Lake. In the event of thunder and lightning at any point during the three days of the race, paddlers must exit the water and wait out the storm at the safest available spot.

FINISH: The Finish Line for Day 1 is at the public beach in Blue Mountain Lake. Parking is available at the ball field on Durant Road, a field on Rt. 28, and behind the diner in Blue Mountain Lake. Please do not park along Route 28 or Durant Road. Curry's Cabins has granted us permission to use their beach for boat pick-ups. Please assist shuttle drivers in moving boats and equipment. A shuttle to the ball field on Durant Road will be available for pedestrians.

CANOE TRANSPORTATION: Participants are welcome to move their own boats. Please do not block the road at the Finish Line. Boats with a Red Dot will be transported to Bissell's Field on Long Lake, where they will be secured for the start of Day 2. Please assist the boat loaders by taking care of your paddles, PFDs and other gear, and by helping load the boat on the trailer. While we take every precaution to handle your boat safely and with care, we are not responsible for minor damage that occurs during transport.

DINNER: All those with meal tickets can proceed to the Adirondack Hotel in Long Lake for dinner.



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Welcome to Blue Mountain Lake



Parking and Shuttle Bus Information

There is no parking on the north (lake) side of Durant Road. Cars Parked on this side will be towed by order of the New York State Police!

Please use designated canoe race parking areas. One is located by the school tennis courts at the east end of Durant Road, and another is located at the field between Durant Road and the Routes 28 and 30 intersection.

Green vest traffic guides can also assist you in parking on the south side only of Durant Road.

Please use our free shuttle service, provided by the Town of Indian Lake, which will take you directly to the finish area.

90-Miler: Day 2, Saturday, Sept. 10

PADDLERS' MEETING: 8 am at the Start Line at Bissell's property on Endion Lane on the west side of Long Lake. Follow the signs and direction of race personnel. Race organizers would like to thank the Bissell Family for their generous support of the 90-Miler. All racers must attend. Last minute announcements, course descriptions, safety procedures and special considerations for the day will be presented.

RACE START: 8:30 am. Boats will mass start in waves by class. Please pay attention to the on-deck call and start order. We will check to make sure all boats start at the appropriate time. On Day 2, we check-in boats going down the path to the start line.

PIT STOP: At the far end of Raquette Falls Carry. This site is not accessible by car. The outlet of Stony Creek can be reached by turning down the Coreys Road from Rte. 3. Follow the road to the horse assembly area on the right, past the steel bridge. Follow the trail to the right for ½ mile to the Raquette River.

FINISH LINE: Day 2 Finish Line is at The Crusher, the DEC Raquette River Fishing Access Site on Rte. 3/30, about 3 miles east of Tupper Lake. To assist Race Officials, please do not park cars in The Crusher parking lot. People transporting their own boats can pick them up at the designated location at the entrance to The Crusher. Pit Crews: Please park along Rte. 3/30, make sure you are to the right of the white line. Please be safe and aware when walking along the highway.

CANOE TRANSPORTATION: Participants are welcome to move their own boats. Please do not block the road at the Finish Line. All boats with a red dot will be transported from The Crusher to Fish Creek Campsites for the start of Day 3. Please assist the boat loaders by taking care of your paddles, PFDs and other gear.



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WELCOME PADDLERS

*Come for the race,
stay for the lakes*

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The mission of New York Paddlesports Racing Association is to promote the growth and adoption of paddlesports in New York State, while embodying excellence in sportsmanship and fair play. We are an all-inclusive group, welcoming Paddle Boards, Kayaks, Canoes, and any other human powered craft to participate in NYPRA sanctioned events. NYPRA strives to provide and support well-organized events to ensure the smooth, timely, safe and accessible operation of on-water competitions.

We send our best wishes to all racers at this year's 90-Miler ... good luck!

More: nypra.org

90-Miler: Day 3, Sunday, Sept. 11

BREAKFAST: The Trading Post at Fish Creek Ponds will be open at 6 am.

PARKING: Parking at Fish Creek, especially around the start area, is at a premium. There are several parking areas on the way in. Take advantage of them for a quick exit. If you must park on the road, please park only on the non-campsite side of the road.

PADDLERS MEETING & ON-DECK CALLS: Site 230, Fish Creek, 7:30 am.

RACE START: 8 am at the **cove at Site 189**. Wave order on Day 3 will be partially reversed: Wave 1, Wave 2, Wave 7, Wave 6, Wave 5, Wave 4, Wave 3.

PIT STOPS: Boat at Saranac River on Lower Saranac Lake near Bluff Island.

PIT CREWS NOTE: Do not drive into Bartlett Carry past the bridge. Please walk in to assist participants. The New York State Police have requested us to please stay off the Route 3 Bridge at Second Pond. High speed traffic here makes for a very dangerous situation.

FINISH & AWARDS CEREMONY: Riverfront Park on Lake Flower in Saranac Lake. The Awards Ceremony will be held here as soon as results are available.

POST RACE MEALS & DRINKS: Provided by food trucks at Riverfront Park; a beer garden will also be onsite.

PROTESTS: Protests may be lodged any of the three days of the race, within one hour of the protester's boat crossing the Finish Line. There is a \$25 fee to file an official protest. Official protests must be in writing and must be turned in at the Race Command Headquarters at the Finish Line. Judges will investigate the matter and attempt to render expedient decisions. All decisions are final and may not be appealed.

Welcome Paddlers



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Welcome to the 91st Mile

Food, Drinks & Festivities

There's no better feeling than drifting past the buoys at Riverfront Park in Saranac Lake. Once you've got your land legs again, use your meal tickets to refuel with one of our food vendors:

Barley Sandwich (onsite)
ADK Streets Eats (onsite)
Lake View Deli (across the street from finish)

And don't miss our new beer garden at the finish line, featuring:

Allagash
Smuttynose
Lake Placid Pub & Brewery
Von Trapp Brewing
Hudon North Cider Co.

Please drink responsibly. Thank you to all of our food and drink partners for teaming up with us this year, and special thanks to Craft New York and NFCT Trustee and 90-Miler racer Brandon Devito.





Discover

Inlet, NY



September 17 & 18, 2022

Inlet Fall Festival

Live music, food trucks, jugglers, beer tent, over 50 vendors & more!

InletFallFestival.com

October 1, 2022

Adirondack Kids Day

Free family fun! Featuring the French Louie Fishing Derby and a Children's Authors Fair.

Sponsored by Kiwanis of the Central Adirondacks.

Made possible by Adirondack Kids & the Town of Inlet

AdirondackKidsDay.com

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#InteractiveFun



#GetOutside

THE 90-MILER GOLD CANOE CLUB

Adirondack Canoe Classic race organizers promote the participation and community aspects of the event. There is a special group of people who have made paddling and the 90-Miler a central part of their lives. To be able to paddle in and complete 20 adventures from Old Forge to Saranac Lake is an accomplishment worthy of recognition. The **Gold Canoe Club** has gained a few members each year since it was formed. Congratulations to all of you who've made it, and good luck to those of you who aspire to earn your very own 90-Miler Gold Canoe.

Adam Wheeler	Dave Thomas	Jeanne Galvin	Paul Olney
Alec Davis	David Drum	Jeff Shultis	Paul Repak
Anne Gill-Wood	David Hunter	Joanna Faloon	Phil Millspaugh
Benjamin Rochon	David Paddock	Jack Semler	Pierre Pinard
Bill Pollock	David Hauber	Jim Kiefer	Randy Blakeman
Bill Webster	David Ware	Kerry Newell	Ray Morris
Blue Hannon	Donna Abbott	Jim Mattingly	Richard Harrison
Bob Davis	Donna Walsh	Jim Normandin	Robert Wood
Bob Pierson	Ed Greiner	Joe Clauss	Roger Dempster
Bob Wood	Francis Gallagher	John Jackson	Roger Henry
Brian Finn	Franz Haas	Ken Gerg	Steve Sweeney
Brian Watson	Fred Goodnough	Kevin Berl	Susan Kapnik
Bruce Braman	Gene Newman	Larry Sweeney	Tim Elmer
Bruce Kennedy	George Bellerose	Larry Thomas	Robin Leary
Chris Donner	Glen Vandewinckel	Lorraine Turturro	Russell Rayot
Clyde Yarnell	Grace McDonnell	Lydia Kosinski	Tim Henning
Craig Benson	Holly Crouch	Marlene Hyden	Tom Conroy
Dan Tickner, Jr.	Howie Dower	Michael Zegarelli	Tom Kime
Dan Tickner, Sr.	Jack Hyden	Nat Tickner	William Miller
David Donner	Jas Yolles	Norm Goldstein	Yvon Rangier



Easy to find on Rte. 30, near the Fish Hatchery in Lake Clear, NY.

Proud sponsor of the Gold Canoe Club.

Call to learn more about canoeing in the Adirondacks.

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Adirondack Canoe Classic Awards

TERRY HEALEY AWARD — Selected by DEC staff involved in the 90-Miler. Presented in memory of one of the original DEC employees who cajoled, prompted, rewarded and had the most fun with the organizing of the 90-Miler. Awarded to the person who best exemplifies the spirit of the Adirondack Canoe Classic.

PETE CLARK AWARD — Selected by current year guideboat participants. Presented in memory of a long time 90-Miler guideboat participant who even in the face of tremendous personal adversity found multiple ways to have fun and inspire all who had the pleasure of his company on and off the water. Awarded to the rower who best exemplifies the spirit of fun and camaraderie during the 90-Miler.

THE REYNOLDS CUP — Selected by event organizers. Presented in memory of Dick Reynolds, who loved paddling the 90, especially with his daughter Holly. Awarded to a parent-child team that plays hard, plays fair and has fun together on and off of the water.

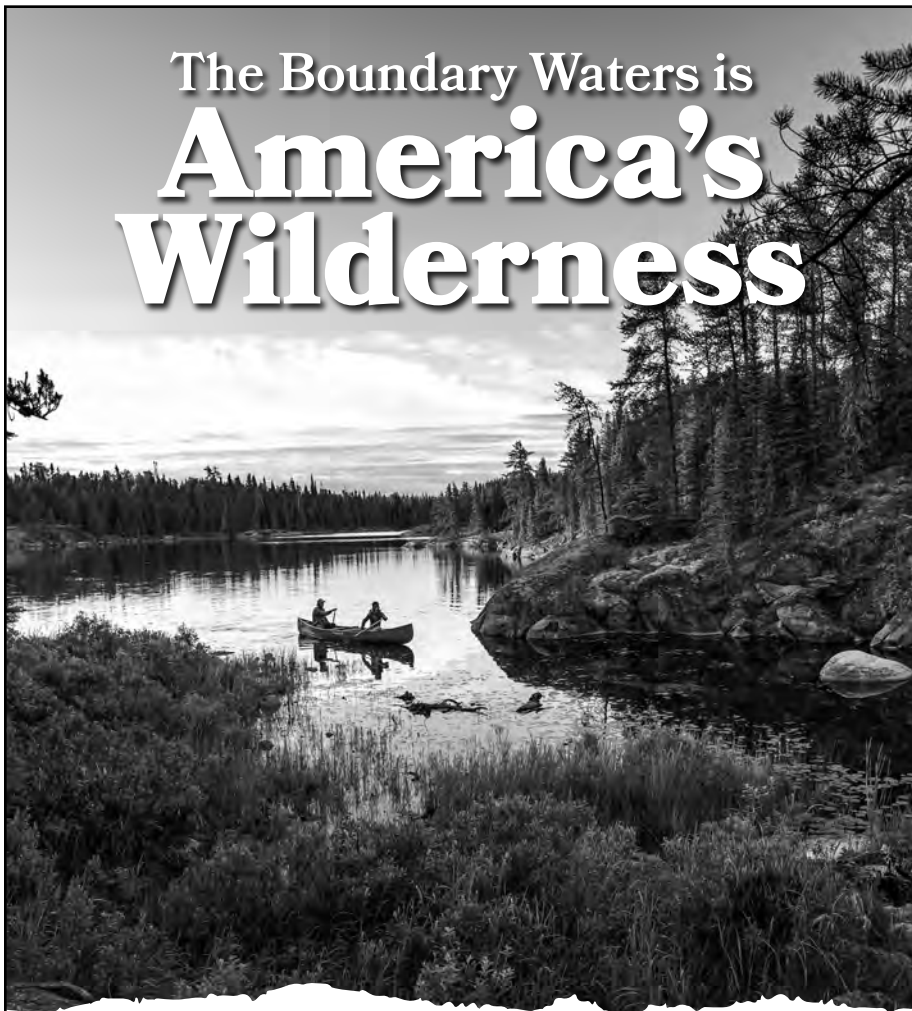
THE GOLDSTEIN PADDLE — Presented to the winners of the super veteran's (SV) class — paddlers over 75 years of age — in the 90-miler. Awarded in memory of Norm Goldstein, a 29-time finisher, 2013 Terry Healey Award recipient and principal instigator of the SV class. Norm portrayed the true spirit of the 90 — soft spoken words of encouragement, infective enthusiasm and eagerness to help anyone and everyone. His joie de vivre and spirit will live on.

THE GOLD CANOE CLUB — Must be earned. Recipients of the Gold Canoe have participated in and completed 20 Adirondack Canoe Classics. It's a symbol of a significant achievement. Our hearty congratulations go to all who have accomplished membership in The Club.

MILEAGE PINS — Awarded annually to all finishers of the event. To earn the pin, paddlers must successfully complete all three days of the offered miles of the year's event.



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For over 100 years Americans from all walks of life have canoed, fished, and made the Boundary Waters one of the most iconic outdoor places in the country. At a time when things feel so uncertain, let's protect the special things we can. Join us in preserving this unique Wilderness for generations to come.

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WATERS**

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Hey Racers ... YOU made good things happen

Did you paddle the 90-Miler last year? If so, you'll be happy to know that your participation helped the Northern Forest Canoe Trail improve access and mitigate negative environmental impacts along the canoe trail.

Downstream from the finish line in Saranac Lake, our stewardship crew continued an intensive rehab of access points and campsites on Franklin and Union Falls ponds. Less populated than other paddling destinations in the Adirondacks, this stretch of the NFCT offers beauty and solitude, and now has safer, more environmentally friendly put-ins, as well as campsites with new infrastructure that will hold up to wear and tear.

Near the terminus of the Saranac River on Lake Champlain, the historic Valcour Island also received some critical maintenance. One of the most popular outdoor recreation destinations on the lake, Valcour Island is home to dozens of campsites and day-use areas. This summer, our team rebuilt over 10 campsites, adding new privies, fire rings, tent pads and more.

Stewardship of the woods and waters of the Northern Forest region is at the heart of what we do at the NFCT. Your participation in events like the 90-Miler ensures that we can keep doing this important work. Thank you.





In memory of our sweet and gentle spokesdog

10.20.11

Maverick


8.18.22



Preventing the Spread of Aquatic Invasive Species

The waterways that make up the 90-Miler route are critical for our region's environment health, recreational access and economy. Many of the lakes, rivers and ponds that constitute the 90-Miler course are invasive-free, but some are infested with several non-native plants and animals that can be harmful to native ecosystems. It is a delicate balance we seek: to provide protection for these water bodies while still supporting this historic race.

In an effort to control the spread of invasive species during the 90-Miler, there will be two Paul Smith's College Adirondack Watershed Institute (AWI) boat inspections on Day 1. The first will be at the Brown's Tract Carry, and the second at the Marion River Carry. Inspection zones will be marked with signs and cones; they are mandatory walk zones to allow inspectors to give boats, rudders and shoes a quality inspection as participants go by. Inspectors have been instructed that they are not to impede paddlers forward progress, but if they find something on your boat they would appreciate your cooperation so they can quickly remove it. Inspectors are there to recognize and remove aquatic invasives if and when they see them. We thank the AWI crew for their involvement in the 90-Miler and request the cooperation and support of participants.



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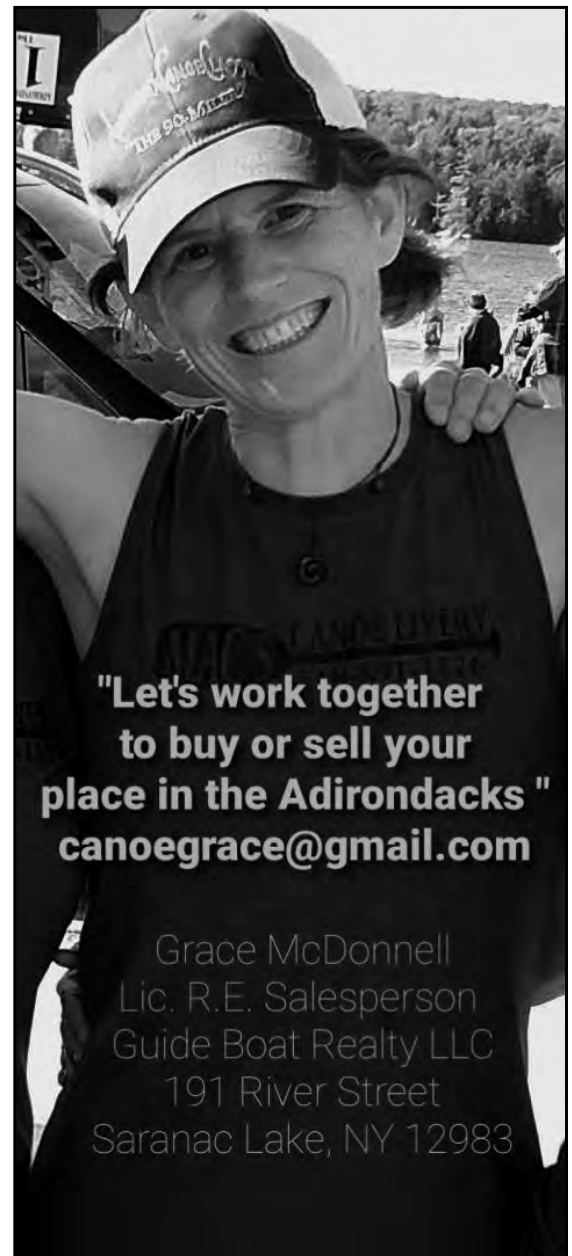
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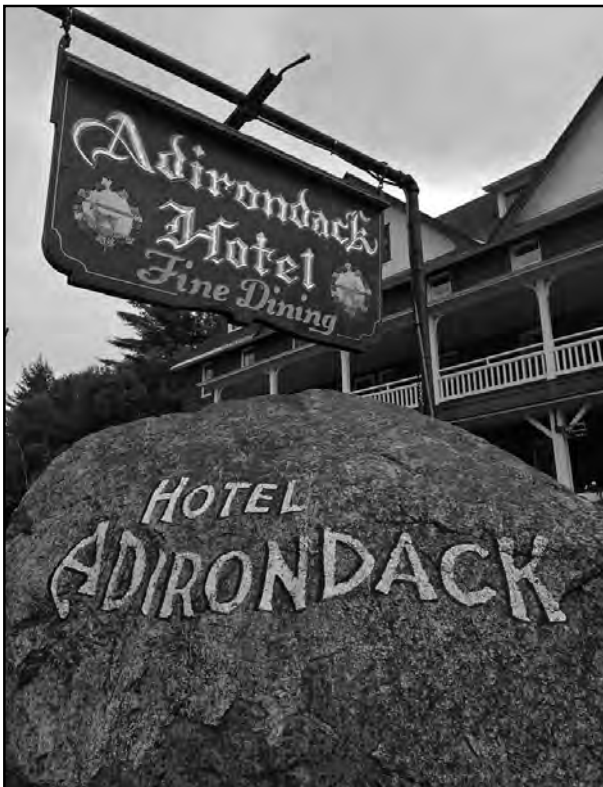
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Stewarding the Next Generation of Paddlers

It's not just stewardship of the woods and waters of the Northern Forest region that events like the 90-Miler help support — there's the fostering of a whole new generation of paddlers, too.

Led by experienced guides and organizations, the Northern Forest Explorers (NFE) program gets kids outside and out of their comfort zone. Tailored for kids age 9-15, NFE trips are four-to-six day excursions into the wild, where the kids meet new friends, discover new talents and fall in love with the natural wonders of the Adirondack Park in New York, northern Vermont, New Hampshire's North Country or Maine's North Woods.

This year, our friend and Adirondack guide Matt Burnett led a week-long trip from Upper Saranac Lake, down Stoney Creek and the Raquette River, and ending in Tupper Lake. The youngsters ranged in age and experience, but all came away with new skills and a new appreciation for adventuring in the wild.

Race revenue from the Adirondack Canoe Classic supports the Northern Forest Explorers scholarship fund, which provides partial and full scholarships for kids to participate — and perhaps gain the experience needed to paddle the 90-Miler!

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**All of us at Hornbeck Boats would like
to wish the paddlers and their pit
crews the best of luck in the
Adirondack Canoe Classic.**

**We'd also like to thank the NFCT staff
and volunteers who make this event
possible.**

See you at the finish line!

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A black and white photograph of a person in a canoe on a calm lake, with mountains in the background. The person is leaning over the side of the canoe, possibly adjusting gear. The water is still, reflecting the sky and the distant shoreline. The overall mood is peaceful and serene.

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Save the Dates for 2023



The paddling season may be nearing its end, but there's plenty to look forward to next year. Mark your calendars for these great events:

**'Round the Mountain
May 13, Saranac Lake, NY**

**Missisquoi Paddle-Pedal
July 15, Richford, Vt.**

**Adirondack Paddling Symposium
June 16-19, Saranac Lake, NY**

**Adirondack Canoe Classic
Sept. 8-10, Adirondacks, NY**

**Celebrate Paddling Invitational
June 25, Saranac Lake, NY**

**Long Lake Long Boat Regatta
Sept. 28, Long Lake, NY**

For more information on events, visit bit.ly/nfctevents



Good luck racers! 90 miles is no small feat ...

... what's another 650?

The Northern Forest Canoe Trail is the nonprofit organization that maintains and promotes the 740-mile water trail that runs from Old Forge, NY, to Fort Kent, Maine, and connects New York, Vermont, Quebec, New Hampshire and Maine. The trail showcases the mix of landscapes and communities currently lining the traditional routes used by Indigenous peoples, settlers and guides. It is the longest in-land water trail in the nation and consists of 23 rivers and streams, 59 lakes and ponds, 45 communities and 65 portages.

Revenue from the Adirondack Canoe Classic is used to continue stewardship and maintenance of the NFCT, both on the trail and in surrounding waterways. From taking care of portages and put-ins to trip planning and map updates, our team is dedicated to making sure paddling and outdoor recreation is accessible to everyone.

Learn more about our work by visiting northernforestcanoetrail.org — see you on the water!