

# ADIRONDACK CANOE CLASSIC

## Day 3 Course Description

Fish Creek to Saranac Lake

Distance: 22 miles including three carries totalling 0.6 miles

Day 3 starts at the narrows of Fish Creek Ponds, adjacent to campsite 230. Paddlers will cross under the Rte. 30 bridge to the narrow, winding passage of Fish Creek, out into Upper Saranac Lake.

Follow the right shoreline to The Narrows, and turn right down the lake past Eagle Island. Go around Doctor's Island and cut to the left, going behind Birch Island into Huckleberry Bay. Bartlett Carry is to the left behind a small island at the end of the bay.

The far end of Bartlett Carry is notorious for mud, so proceed with caution.

The entrance to the Saranac River is east of First Island. Stay in the marked channel around numerous curves to the Upper Locks. Carry your boat here; do not shoot the rapids.

Back on the water, follow the channel left to Middle Saranac Lake. Head across the lake, keeping Norway and First Islands to your right.

Follow the river downstream into Lower Saranac Lake, passing The Devil's Pulpit. Go straight through The Narrows to Bluff Island. Turn right into the mouth of the river and follow the channel through First Pond, under the Rte. 3 bridge, and through Second Pond.

Continue paddling down river to the third carry of the day, on the right, around the Lower Locks. Be careful and respectful at the put-in.

The red and green channel markers indicate the best course through Oseetah Lake and into Lake Flower. The Finish Line is at the cedar tree in Riverside Park in Saranac Lake.

